



September 17 - 23, 2021
11 - 17 Tishrei 5782

tbe-mail

SPECIAL THIS WEEK

Sukkot Programming!

Sukkah Raising

September 19

9:30-11:30am

After 2 years in storage, our sukkah is ready to make a comeback and we need your help! Join us for the whole morning or for just a part as we put the sukkah up and make it festive!



Sukkot Holiday Services

September 21 and 22

9:30am

Join Rabbi Braun for Sukkot holiday services! Services in-person at Temple Beth El or online via livestream. Followed by a kiddush luncheon in our sukkah!

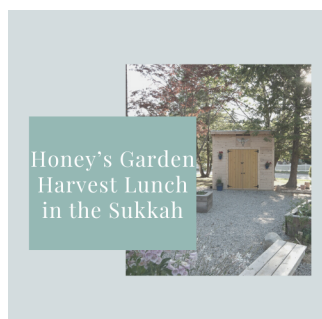
Questions? Email office@tbemaine.org

Spirits & Spirits in the Sukkah

September 23

5:30pm

A good drink, thought provoking material, and friends at the same time in the beautiful TBE sukkah? What could be better than this?! Join us for an evening of learning together as we re-launch our monthly Spirits & Spirits program. Drinks are on us!



Honey's Garden Harvest Lunch in the Sukkah

September 26

11:30am-1pm

Celebrate the fall harvest festival of Sukkot with a vegetarian potluck lunch at Temple Beth El and Levey Day School! Friends and neighbors of all ages are encouraged to join us for this outdoor gathering featuring foods harvested from Honey's Garden, and any vegetarian dish you care to bring. Volunteers will be serving food

to limit the number of people accessing the buffet, but if you prefer to bring a bag lunch that is also fine! We hope to see you there.

Questions? Email office@tbemaine.org

From Rabbi Braun



Rabbi Carolyn Braun

Kol HaOlam Kulo

Kol Nidre 5782/2021

Nineteen years ago, in 2002, I wrote much of this sermon. It was one year after the destruction of the World Trade Center and I was lamenting over what felt like a world that was crumbling. Suicide bombings in Israel were widespread, some of the largest business scandals had been uncovered, poverty was rampant, healthcare costs were rising, and Al-Qaeda was being accused of experimenting with chemical agents for mass murder. I, like many others, felt overwhelmed and through my message I had intended to give us something from our tradition that would give us some strength. This evening, nineteen years later, I stand before you, and the world is still in crisis. To my former list, I could add severe weather patterns, pandemic, mass human migration, increased antisemitism, and the polarization within our society. While I could point to some improvement over the past two decades, my words from that time, sadly, still feel relevant. I begin with the words of Kohelet, Ecclesiastes, as I did in 2002:

וְיֹסִיף דַּעַת יוֹסִיף מַכָּאוֹב

The one who increases knowledge, increases pain (Kohelet 1:18)

Even our tradition understands that the more we experience of life, the more we know about *tsuris*, the troubles and woes of life. Many of us have experienced the tragedies of life, and many of us are natural worriers who take great pains to be safe. We read the newspapers, we listen and watch the news. We know that there are many disturbing aspects to our lives and to the lives of others. This is the time in our Jewish calendar when we take a *heshbon hanefesh* – we take account of our souls and examine whether we have been acting according to our values.

So how do we live in a world so fraught with danger?

[Read Full Sermon Here](#)

This Shabbat

Friday, September 17

8:00am [Virtual Morning Minyan](#)

5:00pm Kabbalat Shabbat Oneg

5:30pm Kabbalat Shabbat Services

5:30pm [Kabbalat Shabbat Livestream](#)

6:28pm Candle lighting time

Saturday, September 18

9:30am Shabbat Morning Services

9:30am [Shabbat Morning Livestream](#)

7:34pm Havdalah

Parashat Ha'Azinu

פַּרְשַׁת הָאֲזִינוּ

Deuteronomy 32:1 - 32:52

Triennial: 32:1 - 32:52

Haftarah: II Samuel 22:1-51

[JTS Torah Online](#)

Livestream will be available only for services held in the sanctuary

This Week @ TBE



IN-PERSON KABBALAT SHABBAT

5:30pm in-person and via [livestream](#) Friday 9/17

5:00pm - 5:30pm

Kabbalat Shabbat Oneg Schmooze will be held in the Susan T. Goldberg Courtyard.

Masks optional.

5:30pm

Kabbalat Shabbat services will be held in the sanctuary and co-lead by Rabbi Braun and Ella Frajnd. *Masks are required at all times when in the building.* Please review our [current COVID-19 policy](#) before joining us.



IN-PERSON SHABBAT MORNING SERVICES

9:30am in-person and via [livestream](#) Saturday 9/18

Join Rabbi Braun and the Saturday morning minyan as we daven Shabbat morning services in our new sanctuary. After services, we will have Kiddush luncheon in the Susan T. Goldberg courtyard weather permitting, or in the social hall in case of bad weather.

Masks are required at all times when in the building. Please review our [current COVID-19 policy](#) for more information.



SUKKAH RAISING

9:30-11:30am on Sunday 9/19

After 2 years in storage, our sukkah is ready to make a comeback and we need your help! Join us for the whole morning or for just a part as we put the sukkah up and make it festive!

IN-PERSON SUKKOT HOLIDAY SERVICES

9:30am in-person and via [livestream](#) Tuesday 9/21 & Wednesday 9/22



Join Rabbi Braun for Sukkot holiday services! Services in-person at Temple Beth El or online via livestream. Followed by a kiddush luncheon in our sukkah!

Masks are required at all times when in the building. Please review our [current COVID-19 policy](#) for more information. Questions? Email office@tbemaine.org.



IN-PERSON MORNING MINYAN

8:00am on Sunday 9/19

Please note that Morning Minyan will not be meeting Tuesday (9/21) and Wednesday (9/22) due to Sukkot Holiday Services.

Join Tom Berman (and Darrell Cooper on Tuesdays) for an in-person morning minyan! Meet in the small chapel at TBE. **Please note that you are required to wear a mask indoors at all times** and also that services will continue to be streamed as the Virtual Morning Minyan service. Please email [Tom](#) with any questions.



VIRTUAL MORNING MINYAN

8:00am on [Zoom](#) Sunday 9/19, Monday 9/20, Thursday 9/23, Friday 9/24

Please note that Morning Minyan will not be meeting Tuesday (9/21) and Wednesday (9/22) due to Sukkot Holiday Services.

Join Tom Berman and the minyanaires for the only daily minyan in Maine! The service lasts about 30 minutes and is a great chance to start the day in reflection and community.



SPIRITS AND SPIRITS IN THE SUKKAH

5:30pm Thursday 9/23

A good drink, thought provoking material, and friends at the same time in the beautiful TBE sukkah? What could be better than this?! Join us for an evening of learning together as we re-launch our monthly Spirits & Spirits program. Drinks are on us!

Questions? Email office@tbemaine.org.

Upcoming TBE Programs:



Honey's Garden
Harvest Lunch
in the Sukkah

Sunday, September 26

11:30am-1pm



Shemini
Atzeret

Tuesday, September 28

9:30am

In-person and via livestream



Simchat
Torah

Tuesday, September 28 - *Family Friendly!*

7:15pm

Wednesday, September 29

9:30am

In-person and via livestream



Parashat
HaShavua

Wednesdays, starting October 6

9:30-10:30am

via Zoom



High
Holidays

5782
at



Looking for more information about what we're doing this year for the *Yamim Nora'im*? Visit our High Holidays webpage, where you'll be able to find all the information you need to plan for this year's *chagim*! Always free and open to all.

High Holidays 5782

The Giving Corner



Have you considered making a lasting contribution to our community through a planned gift? We would love to talk with you. Contact us by email at giving@tbemaine.org by phone at 207-774-2649 and speak with Kate Shalvoy, ext. 204.

August Donations & Tributes

Special Announcements

Bruchim HaBa'im!

Welcome to new members Laura, Steven, and Natalie Kavesh.

Todah Rabah!

Thank you to Rabbi David Freidenreich for reading Torah, to Ellie Miller for reading Haftarah, and to Tom Berman for leading musaf last Shabbat.

Thank you to everyone who had an honor, was an usher, or helped in any other way to make Yom Kippur services meaningful this year.

Condolences

Our sincere condolences to the family and friends of Edward S. Webber, who passed away on Monday, September 6, 2021 at the age of 88 in New Hampshire.

Sponsor a Kiddush

Did you or your family celebrate a *simcha* this past year? Want to honor a loved one's yahrzeit? With in-person services just around the corner, we are now opening up kiddush or oneg sponsorship opportunities once again. Deb has worked hard to develop a few different kiddush/oneg levels that you can choose from, each a little bit different, but all of them equally delicious. For more information, [visit our website](#).

COVID-19 Vaccination Location Website

If you are eligible for a vaccination under current state guidance, but are having trouble find a vaccine location, please visit Maine's [Vaccination Sites](#) website to find a vaccination location near you and/or make an appointment.

TBE Kids

Singing with Charlie Miller

Bi-monthly
10-10:30am

Join Charlie Miller for bi-monthly music time! Open to all kiddos 3+, regardless of KBE enrollment. Held in the Susan T. Goldberg courtyard, it will start at 10am and last for half an hour. It will happen on the following dates:

- September 26
- October 3
- October 24
- November 21
- December 5 - either at Ceders or TBE (*TBA*)



In the case of rain, music will be moved indoors to the sanctuary. If you have any questions, please contact KBE Director Abby Halpern at education@tbemaine.org.

TBE Teens

Get Involved with BBYO

Parents of Teens:

Are you interested in helping us launch a BBYO youth group chapter for Southern Maine? BBYO is a non-denominational youth group organization that provides fabulous leadership and social opportunities for Jewish teens across the country.

Our team of parents and board members is looking for a few teens (post-b'nai mitzvah age) to join a teen-to-teen Zoom call with representatives from the New England Region (NER) BBYO chapter the week of August 22. Talk to your kids and email education@tbemaine.org if they are interested. This is their chance to find out from other teens what they love about being in a Jewish youth group!



No special skills are required, just the desire to do fun things with other Jewish teens in the area! BBYO is entirely led by teens, not the grown-ups in their lives, but we need you to encourage them to take the first step and find out more about it.

Quick Links

[Zoom/Livestream Links](#)[Simcha List](#)[Weekly Yahrzeit](#)[KBE School](#)[Amazon Smile](#)[Kiddush Sponsorship](#)

How to Reach Us

Office staff will continue to work from home Mondays and Fridays (where they will check messages and answer emails), but will be in the office Tuesdays-Thursdays.

TBE Office Hours

Tuesday-Thursday
9am-2pm

By Phone

(207) 774-2649

By Email

- Rabbi Braun - rabbi@tbemaine.org
- Kate Shalvoy - director@tbemaine.org
- Zoe Levine Sporer - office@tbemaine.org
- Sherri Quint - controller@tbemaine.org
- Abigail Halpern - education@tbemaine.org
- Deb Criden - events@tbemaine.org



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